

International Yoga & Veda Festival 2011

**Creating Inner Peace & Self Healing** 

**Towards World Transformation** 

### Hungary, July 21 – 24, 2011 (4 days, 3 nights) Veresegyhaz, Ezerkincs Center

### **Programme**

Daily HimalayaYoga	with Radhika (Rozalia) Hummel
Vedic Workshops	with Dr Narada Kush (Netherlands)
Day I	A Passage Through Indian Culture
Day II	The Spiritual Dimension of Ramayana
Day III	Natural Suggestions For Self Healing
Day IV	Vedic Astrology in the Context of 2012
Ayurvedic Workshops	with Dr Oberkamp, Maria; Dr Darnói, Tibor; Dr Szalkai, Iván
Healing Meditations	with Dr Oberkamp, Maria
Consult Vedic Astrology	with Dr Narada Kush
Satsang (Saturday)	with Dr Narada Kush, guest musicians & Eniko Dance Group

#### Afternoon Programs:

Day I.with Dr Oberkamp, Maria - The Importance of Ayurvediv Healing, and<br/>Prevention of cronic deseases like dyabetes.Day II.with Dr.Tibor, Darnói - Road Into the Light<br/>Day III.Day III.with Dr. Iván, Szalkai - The scientific basis of AyurvedaSurprise performers are expected, like Imre, Mate, Leader of Rábaköz Shamans and<br/>Yothenrgrit Church, Enikő Gecsey and her belly dancer group.

# Participation-fee – 4 days full program

**33 000 HUF** (4 days program, including dinner) Daily participation fee 10 000 HUF/day, dinner is not included. TO BE PAID AT ARRIVAL, 10% disposal in advance

Veresegyhaz is a nice village about 45 minutes from Budapest, by train or bus it can be reached in 50 minutes from Budapest. There are possibilities to make accommodation reservations (hotel pension) in Veresegyhaz for only 3 500 HUF/ 12 EUR per night, incl. breakfast.

#### **Accomodations:**

*Mézes Völgy Panzió Veresegyház* single room: 8.000.-HUF/night/person, breakfast is included., double room with breakfast, 12 000 HUF/night, Telephone: +36 30 224 4168 email: <u>m.volgy@t-online.hu</u>

*Aranyhal vendégház* single room 4.000.-HUF/night, double room 6.900.-HUF/night. Telephone: +36 30 215 6817, email <u>aranyhal55@freemail.hu</u>

For more info contact Gecsey, Eniko from the Ezerkincs Center in Veresegyhaz.

# Festival Program Info Line Dr Oberkamp, Maria 6-70-949-3754

Please register by Application Form Contact to email <u>maria.oberkamp@gmail.com</u> Detailed program schedule will be sent after registration. *The organizers keep the right of program changes if necessary* 

ADDRESS Ezerkincs Center, Veresegyhaz Director: Gecsey, Eniko E-mail: <u>ezerkincs@gmail.com</u>.....Phone +36 70 370 1460

HEAL THE BODY, TEACH THE MIND, UPLIFT THE SOUL